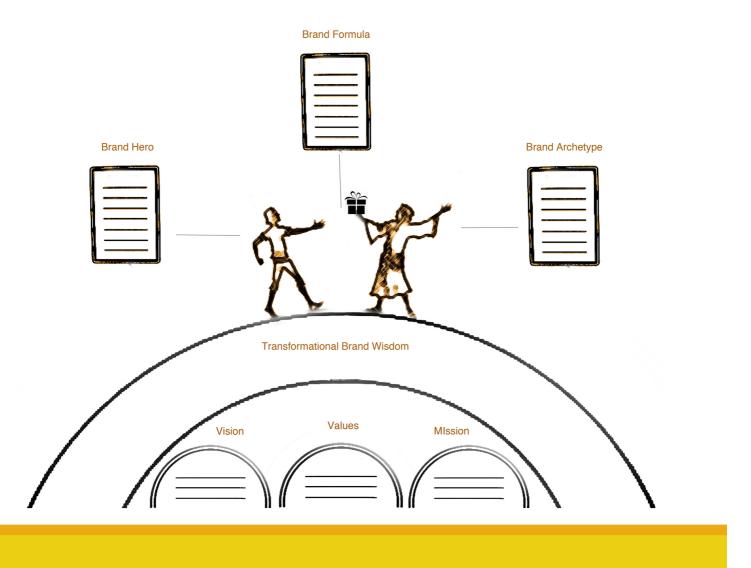
"share your story, seed a culture & build your tribe"!

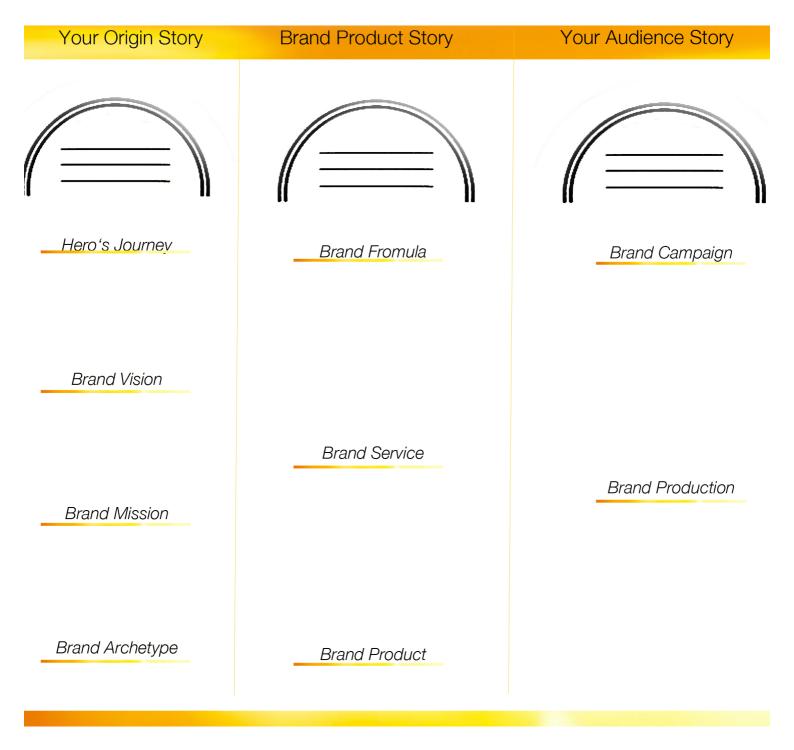
Your Transformational I-Story Brandtelling Map



Notes:

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3 Key Stories of Your I-Story Brand



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>> Your Hero's Journey Stages

The Hero's Journey is a pattern of narrative identified by the American Scholar Joseph Campbell that appears in drama, storytelling, myth, religious ritual and psychological development. It describes the typical adventure of the archetype known as the Hero, the person who goes out and achieves great deeds on behalf oft he group, tribe, or civilization.

The Hero's Journey: A Call to Learning and Transformation

"[W]e have not even to risk the adventure alone; for the heroes of all time have gone before us, the labyrinth is fully known; we have only to follow the thread of the hero- path. And where we had thought to find an abomination, we shall find a god; where we had thought to slay another, we shall slay ourselves; where we had thought to travel outward, we shall come to the center of our own existence; where we had thought to be alone, we shall be with all the world." (Joseph Campbell, The Hero with a Thousand Faces, 1949, Chapter 1

- 1. THE ORDINARY WORLD. The hero, uneasy, uncomfortable or unaware, is introduced sympathetically so the audience can identify with the situation or dilemma. The hero is shown against a background of environment, heredity, and personal history. Some kind of polarity in the hero's life is pulling in different directions and causing stress.
- 2. THE CALL TO ADVENTURE. Something shakes up the situation, either from external pressures or from something rising up from deep within, so the hero must face the beginnings of change.
- 3. REFUSAL OF THE CALL. The hero feels the fear of the unknown and tries to turn away from the adventure, however briefly. Alternately, another character may express the uncertainty and danger ahead.
- 4. MEETING WITH THE MENTOR. The hero comes across a seasoned traveler of the worlds who gives him or her training, equipment, or advice that will help on the journey. Or the hero reaches within to a source of courage and wisdom.
- 5. CROSSING THE THRESHOLD. At the end of Act One, the hero commits to leaving the Ordinary World and entering a new region or condition with unfamiliar rules and values.
- 6.TESTS, ALLIES AND ENEMIES. The hero is tested and sorts out allegiances in the Special World.

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- 7.APPROACH. The hero and newfound allies prepare for the major challenge in the Special world.
- 8. THE ORDEAL. Near the middle of the story, the hero enters a central space in the Special World and confronts death or faces his or her greatest fear. Out of the moment of death comes a new life.
- 9. THE REWARD. The hero takes possession of the treasure won by facing death. There may be celebration, but there is also danger of losing the treasure again.

10. THE ROAD BACK. About three-fourths of the way through the story, the hero is driven to complete the adventure, leaving the Special World to be sure the treasure is brought home. Often a chase scene signals the urgency and danger of the mission.

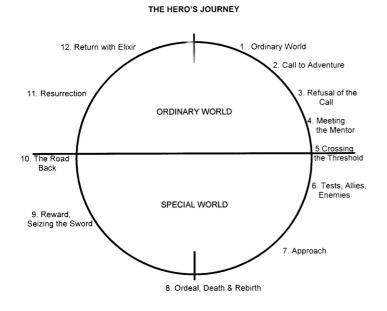
11.THE RESURRECTION. At the climax, the hero is severely tested once more on the threshold of home. He or she is purified by a last sacrifice, another moment of death and rebirth, but on a higher and more complete level. By the hero's action, the polarities that were in conflict at the beginning are finally resolved.

12. RETURN WITH THE ELIXIR. The hero returns home or continues the journey, bearing some element of the treasure that has the power to transform the world as the hero has been transformed.

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Your Outer Hero's Journey

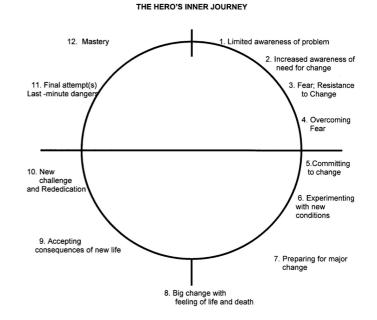


- The Ordinary World
 Call to Adventure
 Refusal of the Call
 Meeting the Mentor
 Crossing the Threshold
 Torsts, Allies, Enemies
 Approach
 Ordeal, Death, Rebirth
 Reward
 The Road Back
 Resurrection
- 12)Return with the Elixir



- 1) Limited Awareness of a Problem
- 2) Increased awarness of need for change
- 3) Fear, Resistence to Change
- 4)Overcoming Fear
- 5)Committing to Change
- 6)Experimenting with new conditions
- 7)Preparing for major change
- 8) Big Change with Feeling of Life and Death
- 9)Accepting consequences of new life
- 10) New Challenge and Rededication
- 11) Final Attempts
- 12)Mastery

Your Inner Hero's Journey



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